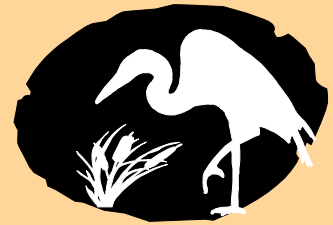


# Wetlands Cafe

open: 9:45am-1:45 pm ~ ~ lunch: 11:30am-1:30 pm



## March 2019

### homemade soups

cup 3.50 or bowl 4.50

Monday	Vermont Cheese
Tuesday	Cooks Choice
Wednesday	Chicken Wild Rice
Thursday	Cooks Choice
Friday	Thai Spiced Tomato

### ala carte selections

(ala carte selections vary daily)

Muffin	1.50	Fresh Fruit Cup	3.00
Cookie	1.00	Yogurt Parfait	3.00
Bars	1.25	Fresh Veggies & Dip	3.00
Scone	2.00	Hard Boiled Eggs (2)	1.25
Bagel	1.50	Hummus & Pita/Chips	3.00
Trail Mix	1.50	Baked Chips/Popcorn	1.25
String Cheese	1.00	Nuts/Seeds	1.00

### made-to-order sandwich bar

half sandwich 3.75 or full sandwich 5.75

**bread:** Sourdough, Multigrain, Whole Wheat, Wrap or Ciabatta Roll, Croissant

**meats:** Turkey, Ham, Roast Beef, Egg or Tuna Salad

**cheese:** Cheddar, Swiss, American, Provolone or Pepper Jack

### beverages

Coffee or Tea

sm 1.75 med 2.00 lg 2.50

Iced Coffees,

Espresso Drinks, Cappuccino, Lattes, Chai Tea or Hot Cocoa

sm 2.75 med 3.00 lg 3.50

Pop/Vitamin Water

(we feature Coca Cola products)

2.25

Iced Tea

2.75

IZZE Sparkling Fruit Juice

2.00

Minute Maid Juice

2.00

Water/LaCroix

1.75/1.50

Milk

.55

### entrée salads

5.75 each

Monday	Buffalo Chicken Salad
Tuesday	Asian Chicken Pasta Salad
Wednesday	Greek Salad with Salami
Thursday	Roast Beef Almond Salad
Friday	Fruit Salad

### deli salads

Regular 3.75 each

### daily double

6.50

choose two of three:

(1) Half Sandwich (2) Cup of Soup (3) Regular Deli Salad