

## April 2019 Elementary Breakfast & Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Main Lunch Entrée</b>  1 Ravioli w/ Marinara Sauce  <b>V</b> Breadstick Powerful Pears Brain-boosting Brussels Sprouts Fresh Garden Bar</p> <p><b>Breakfast</b> Blueberry Mini Pancakes Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  2 Hamburger/ Cheeseburger Cinnamon Apple Sauce Potato Wedges Fresh Garden Bar</p> <p><b>Grab N' Go Lunch:</b> Buffalo Chicken Wrap/ Sandwich (Available Tues-Fri)</p> <p><b>Breakfast</b> Ultimate Breakfast Round Fruit/Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  3 Lemon Herb Turkey Pasta Dinner Roll Bursting Berries X-Ray Vision Carrots Fresh Garden Bar</p> <p><b>Breakfast</b> Scratch-made Muffin Cheesestick Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  4 Beef Burrito Magnificent Mango Rip Roarin' Refried Beans Fresh Garden Bar</p> <p><b>Breakfast</b> 1/2 Bagel w/ Spread Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  5 Pepperoni and Ham Stromboli Ω Herbed Turkey Stromboli Mixed Fruit Bodacious Broccoli Fresh Garden Bar</p> <p><b>Breakfast</b> Yogurt Parfait with Granola Fruit/ Vegetable &amp; Milk</p>
<p><b>Main Lunch Entrée</b>  8 Scrambled Eggs w/ Cheese <b>V</b> Blueberry Bread Tropical Fruit Roasted Sweet Potato Fresh Garden Bar</p> <p><b>Breakfast</b> Triple Berry French Toast Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  9 Homerun Hot Dog  Amazing Apples Boy Oh Boy Baked Beans Fresh Garden Bar</p> <p><b>Grab N' Go Lunch:</b> Deli Turkey &amp; Cheese Sandwich (Available Tues-Fri)</p> <p><b>Breakfast</b> Ultimate Breakfast Round Fruit/Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  10 Pasta w/ Meat or Marinara Sauce <b>V</b> Garlic Toast Pretty Peaches Terrific Tossed Salad Fresh Garden Bar</p> <p><b>Breakfast</b> Breakfast Bread Sunflower Seeds Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  11 Chicken Fajitas Cilantro Rice Mighty Melon Golden Corn Fresh Garden Bar</p> <p><b>Breakfast</b> Egg &amp; Cheese Sandwich Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  12 Teriyaki Chicken Drumstick Seasoned Rice Pineapple, Melon &amp; Mango Salad Green Beans Fresh Garden Bar</p> <p><b>Breakfast</b> Yogurt Parfait with Granola Fruit/ Vegetable &amp; Milk</p>
<p><b>Main Lunch Entrée</b>  15 Pizza (Veggie &amp; Cheese) <b>V</b> Mixed Fruit Italian Salad Fresh Garden Bar</p> <p><b>Breakfast</b> Mini Maple Pancakes Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  16 Sloppy Joe Pineapple &amp; Mandarin Oranges Sweet Potato Wedges Fresh Garden Bar</p> <p><b>Grab N' Go Lunch:</b> Ham &amp; Cheese Sandwich Ω (Available Tues-Fri)</p> <p><b>Breakfast</b> Ultimate Breakfast Round Fruit/Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  17 Chicken Tikka Masala w/ Rice Bursting Berries Green Peas Fresh Garden Bar</p> <p><b>Breakfast</b> Scratch-made Muffin Cheesestick Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  18 Beef Hard Shell Tacos Seasoned Rice Crisp Apple Slices Black Beans Fresh Garden Bar</p> <p><b>Breakfast</b> 1/2 Bagel w/ Spread Fruit/ Vegetable &amp; Milk</p>	No School K-12  19
<p><b>Main Lunch Entrée</b>  22 Ravioli w/ Marinara Sauce  <b>V</b> Breadstick Powerful Pears Brain-boosting Brussels Sprouts Fresh Garden Bar</p> <p><b>Breakfast</b> Cinnamon French Toast Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  23 Hamburger/ Cheeseburger Cinnamon Apple Sauce Potato Wedges Fresh Garden Bar</p> <p><b>Grab N' Go Lunch:</b> Buffalo Chicken Wrap/ Sandwich (Available Tues-Fri)</p> <p><b>Breakfast</b> Ultimate Breakfast Round Fruit/Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  24 Lemon Herb Turkey Pasta Dinner Roll Bursting Berries X-Ray Vision Carrots Fresh Garden Bar</p> <p><b>Breakfast</b> Breakfast Bread Sunflower Seeds Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  25 Beef Burrito Magnificent Mango Rip Roarin' Refried Beans Fresh Garden Bar</p> <p><b>Breakfast</b> Sausage &amp; Cheese Sandwich Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  26 Pepperoni and Ham Stromboli Ω Herbed Turkey Stromboli Mixed Fruit Bodacious Broccoli Fresh Garden Bar</p> <p><b>Breakfast</b> Yogurt Parfait with Granola Fruit/ Vegetable &amp; Milk</p>
<p><b>Main Lunch Entrée</b>  29 Scrambled Eggs w/ Cheese <b>V</b> Blueberry Bread Tropical Fruit Roasted Sweet Potato Fresh Garden Bar</p> <p><b>Breakfast</b> Mini Blueberry Pancakes Fruit/ Vegetable &amp; Milk</p>	<p><b>Main Lunch Entrée</b>  30 Homerun Hot Dog  Amazing Apples Boy Oh Boy Baked Beans Fresh Garden Bar</p> <p><b>Grab N' Go Lunch:</b> Deli Turkey &amp; Cheese Sandwich (Available Tues-Fri)</p> <p><b>Breakfast</b> Ultimate Breakfast Round Fruit/Vegetable &amp; Milk</p>			

**Meal Prices:**

Lunch K-6: \$2.95/day • \$61.95 for month of April

\*Milk \$.55 per carton

\*Must have SY 18-19 approved application and the students must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs \$0.55; meal benefits DO NOT apply. A new application must be filled out each school year in order to qualify for free or reduced meal benefits – please call 952-988-4060 or visit us online @ www.hopkinsschools.org for more information.

**Alternate Lunch options**

- M: Cook's Choice Veggie Sandwich **V**
- T: Peanut Butter Sandwich **V**
- W: Egg Salad Sandwich **V**
- Th: Veggie Sandwich **V**
- F: Twin Cheese Sandwich **V**

**Available Daily for Lunch**

Fresh Garden Bar (Fruits & Vegetables)  
1% or Skim Milk

**Fresh Veggies May Include:**

- Baby Carrots • Celery • Cucumbers • Grape Tomatoes • Jicama • Broccoli • Red Onions • Edamame • Zucchini • Cauliflower • Summer Squash • Beets

**Salad Greens Include:**

Romaine Lettuce, Lettuce Blends and/or Baby Spinach

**Menu Key**

- Farm to School Item
- Ω = Contains Pork
- V = Vegetarian Option

Mondays are Meatless Mondays!

Menus are subject to change based on availability of product.

**This institution is an equal opportunity employer and provider.**