



Hopkins Junior High Breakfast Menu

Week of
April 29 - May 3

Cafeteria Breakfast

OR

2nd Chance Breakfast

Served in the cafeteria before the school day from 7:25-7:50 am

Served from 2 mobile carts in the hallways, immediately following 1st block

Monday	Cheesy Scramble & Sausage
Tuesday	Yogurt Parfait w/ Homemade Granola
Wednesday	Belgian Waffle Sticks
Thursday	Whole Grain Cinnamon Roll
Friday	NO SCHOOL

Ultimate Breakfast Round
Turkey or Ham Tortilla Roll-up
Egg & Cheese Sandwich
Whole Grain Muffin w/ String Cheese
NO SCHOOL

Other Cafeteria Choices

Mondays, Wednesdays, Fridays

<i>Choose One Grain</i>	<i>Choose One Protein</i>
Cereal	String Cheese
½ Whole Grain Bagel	Peanut Butter
	Yogurt Cup

Tuesdays & Thursdays

<i>Choose One Grain</i>	<i>Choose One Protein</i>
Whole Wheat Toast	Hardboiled Egg
Whole Grain Muffin or Breakfast Bread	Sunflower seeds
	Hummus

Prices & Information

Eligible for free meals	No cost
Eligible for reduced meals	No cost
Eligible for full price meals	\$1.75
Adult	\$2.05

All breakfasts include up to 1 cup of fruit or vegetable and an 8 oz milk