



Hopkins Junior High Breakfast Menu

Week of
April 15-19

Cafeteria Breakfast

OR

2nd Chance Breakfast

Served in the cafeteria before the school day from 7:25-7:50 am

Served from 2 mobile carts in the hallways, immediately following 1st block

- Monday **Cheesy Scramble & Sausage**
- Tuesday **Yogurt Parfait w/ Homemade Granola**
- Wednesday **Belgian Waffle Sticks**
- Thursday **Whole Grain Cinnamon Roll**
- Friday **NO SCHOOL**

- Ultimate Breakfast Round**
- Turkey or Ham Tortilla Roll-up**
- Egg & Cheese Sandwich**
- Whole Grain Muffin w/ String Cheese**
- NO SCHOOL**

Other Cafeteria Choices

Mondays, Wednesdays, Fridays

<i>Choose One Grain</i>	<i>Choose One Protein</i>
Cereal	String Cheese
½ Whole Grain Bagel	Peanut Butter
	Yogurt Cup

Tuesdays & Thursdays

<i>Choose One Grain</i>	<i>Choose One Protein</i>
Whole Wheat Toast	Hardboiled Egg
Whole Grain Muffin or Breakfast Bread	Sunflower seeds
	Hummus

Prices & Information

Eligible for free meals	No cost
Eligible for reduced meals	No cost
Eligible for full price meals	\$1.75
Adult	\$2.05

All breakfasts include up to 1 cup of fruit or vegetable and an 8 oz milk