January Elementary Onsite \& Weekend Bag Breakfast and Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $18$ <br> No School K-12 | Breakfast: <br> Triple Berry French Toast, Yogurt, Fruit \& Milk <br> Lunch: <br> Tangy BBQ Chicken Buttermilk Biscuit Roasted Brussels Sprouts Orange Smileys | Breakfast: <br> Homemade Muffins, Cheese, Fruit \& Milk <br> Lunch: <br> Crispy Fish Nuggets Herb Roasted Red Potatoes Blueberry Applesauce | Breakfast: <br> Yogurt Parfait, w/ Granola, Fruit \& Milk <br> Lunch: <br> Hamburger or Cheeseburger Golden Corn <br> Mandarin Oranges | Breakfast: <br> Bagel w/ Cream Cheese, Cheese, Fruit \& Milk <br> Lunch: <br> Chef's Choice Kid's Favorite* Broccoli w/ Ranch Kickin' Kiwi | Meals for this day were provided in the January 14 curbside bag | Meals for this day were provided in the January 14 curbside bag |
| Breakfast: <br> Mini Maple <br> Pancakes, Yogurt, Fruit \& Milk <br> Lunch: <br> Super Sloppy Joe's Sweet Potato Wedges <br> Magnificent Mango | Breakfast: <br> Homemade <br> Breakfast Bread, Cheese, Fruit \& Milk <br> Lunch: <br> Homestyle Turkey \& Gravy <br> Dinner Roll <br> Mashed Potatoes Pretty Peaches | Breakfast: <br> Ultimate Breakfast <br> Round, Yogurt, Fruit \& Milk <br> Lunch: <br> Cheese Pizza Cauliflower Juicy Grapes | Breakfast: <br> Egg and Cheese Sandwich, Fruit \& Milk <br> Lunch: <br> Asian Meatballs w/ Rice <br> Seasoned Edamame Tropical Pineapple | Breakfast: <br> Bagel w/ Chickpea <br> Butter, Fruit \& Milk <br> Lunch: <br> Chef's Choice Kid's Favorite* <br> X-ray Vision Carrots Amazing Apples | Breakfast: <br> Cereal, Sunflower Seeds, Fruit \& Milk <br> Lunch: <br> Turkey \& Cheese Sandwich Fruit Vegetable | Breakfast: <br> Cereal, Cheese, Fruit \& Milk <br> Lunch: <br> Turkey \& Cheese Snack \& Go Fruit Vegetable |
| *All lunches include local milk <br> ${ }^{* *}$ If your student has a Special Diet Request Form on file or needs one provided, please email erica.olson@hopkinsschools.org. <br> If you have questions or need assistance, please call 952-988-4060 or visit our website at www.hopkinsschools.org <br> Days highlighted in blue are the contents of the 3-day meal bag |  |  |  | Friday- Sunday meals are part of the Weekend Meal Bag provided at school on Thursday afternoons <br> Vegetarian Options: <br> Daily menu item will be made vegetarian if possible or a vegetarian sandwich/ salad will be provided. |  | *Kid's Favorites: <br> Carnival Corn Dogs <br> Cheese Pizzas <br> Mini Burgers |

